

DIPLOMA IN STUDENT COUNSELLING PSYCHOLOGY

Equip yourself with practical knowledge and skill sets to counsel students in schools and colleges, as well as children in general.

If you believe this is your calling, whether you want to work with institutions or as an independent practitioner, our hands-on online course is right for you.

ADMISSION CRITERIA

- Anyone above 21 years
- Working knowledge of English to follow the course
- Basic computer skills to manage online learning
- A deep passion to help children deal with their emotional issues



COURSE CONTENT

Module 1: Understanding Emotions

- Course introduction: the role and importance of a student counsellor
- Self awareness and emotions
- Teaching emotional regulation

Module 2: Skills

- Rapport building
- Patience & Listening
- Confidentiality
- Being non-judgmental
- Empathy
- Counselling process

Module 3: Children and Growth

- Understanding children through developmental stages
- Attachment theories
- Safety and hygiene, body image issues of children
- Adverse childhood experiences

Module 4: Issues in Student Counselling

- Bullying and cyberbullying
- Peer pressure
- Habits and addiction
- Academic performance
- Study skills
- Behaviour modification
- Motivation
- Self esteem
- Counselling parents and teachers
- School and college counselling setup
- Depression in children
- Group counselling
- Play therapy
- Art therapy
- Career guidance
- Understanding special children
- Sex education
- Eating disorders
- Handling social media

Please note: The topics listed above are indicative. Some new topics may be added and some may be dropped as the course progresses.

TEAM



Sreedhar Mandyam is the Course Director and Principal Faculty of this program. He is the Director of the Darwin Psychology Centre and an active counsellor, having taught for 10 years and designed many courses.



Sadiqa Patel is the Founder-Director of Blue Nile. She is an active psychologist, offering counselling, psychological evaluations, as well as career assessments and guidance.

SESSION SPEAKERS



Dr Shobha is an educator, counsellor, nutritionist, and a life skills and wellness coach. She is the Director at the School of Home Science in Maharani Cluster University and Associate Professor at Smt. VHD College of Home Science.



Dr Bhavani J is a certified life skills trainer and a counsellor. She has been teaching subjects in Counselling Psychology for more than a decade.



Eshwar Sundaresan is a published author, ghost writer, life skills trainer, and counsellor.

Apart from the above, some more speakers will also take specialised sessions.

COURSE DETAILS

We offer two batches starting from 17 January, 2023.
The course will end in June 2023.

Morning Batch

Starting from 17 January, 2023
Every Tuesday – 11 AM to 1 PM

Evening Batch

Starting from 20 January, 2023
Every Friday – 5 PM to 7 PM

Students will be required to choose one batch. However if they have missed any session, they may be permitted to attend sessions in the other batch with prior permission.

A student counsellor in a school or college gets an average salary of Rs. 25,000 - 30,000 per month, including at schools such as Kendriya Vidyalayas. A counsellor with experience can earn even higher in private and international schools.

COURSE FEE

Rs. 35,000

(To be paid in full prior to the course)

Instalment: Students can pay in three parts –

- 1st instalment at admission: Rs. 16,000
- 2nd instalment by 17 February, 2023: Rs. 10,000
- 3rd instalment by 17 March, 2023: Rs. 10,000

Refund: We only offer a refund before the course begins, after deducting Rs. 1,000 as administrative fees. No refund will be given after 17 January, 2023.

REGISTER NOW

Contact Sadiqa Patel
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www.bluenilecounselling.com

ADMISSION CLOSES – 15 JANUARY, 2023